

*Business and
Professional Women*

*Bedford, Pennsylvania
December 2018 Newsletter*



*Please Join us at our Annual Bedford BPW Christmas Party
Tuesday December 11, 2018
Bedford Elks 6:00 pm*

*Cost \$12.00 per person
Includes meal – drink – dessert*

Entertainment – Brandi Nicole Naugle

*Bring a Guest or Two!
Reservations required by Friday December 7, 2018*

*Call To make Reservations:
Jeannie Plummer (814) 623-5510
or Faith Zembower (814)-977-6641*

*We will donate gloves-hats-scarves
to Bedford Elementary School.
Bring your donations with you!*

There is no regular meeting this month

*Good News Edition. Member messages and news, Birthdays page 2, More Good
News page 3, Club News page 4*



December Birthdays

Shirley Hess, December 24

Dr. Ella McElwee, December 25

Member (GOOD) News

Sharon Houck - October 24 - I completed my certification as an Aromatherapy Specialist, along with completing my classes as an ND (Naturopathic Practitioner), I still need to complete my dissertation and clinicals, complete my ND review, and finally my board's for National certification for both. I was already informed that my diplomas will be shipped within the next couple of weeks, so a lot is completed now it's time for the final steps. Graduation won't be until sometime next year, they only schedule at certain times. Sharon was a BPW scholarship recipient in 2016.

Juls Bratton – Our son JJ McCabe III, 23, accepted the position of General Manager/ golf Pro at the Dubois Country Club. And our daughter Charlee Howsare is expecting our 8th grandchild (it's a BOY) on December 29th.



Girls Night Out
ALTOONA, INC.

OUR 11TH ANNUAL GNO EVENT RAISED

\$120,500

TO BENEFIT JOYCE MURTHA BREAST CARE CENTER, PENN STATE HERSHEY CANCER INSTITUTE, THE BREAST CANCER & WOMEN'S HEALTH INSTITUTE OF PENNSYLVANIA, AND UPMC ALTOONA BREAST HEALTH CENTER

THANK YOU FOR YOUR CONTINUED SUPPORT OF GIRL'S NIGHT OUT ALTOONA, INC.



Merry Christmas from Peggy, Allie, & Elsa ❤️

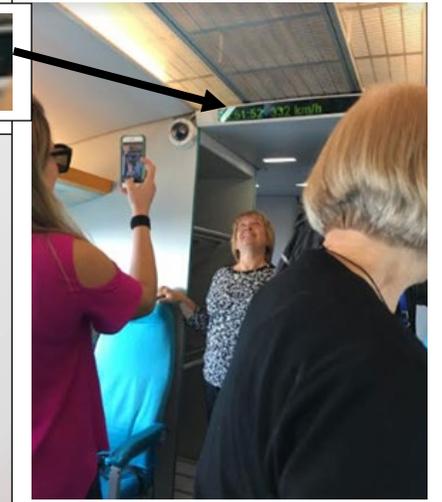
Peggy Nave is being promoted on Sunday to Major in the Army National Guard!

MORE Member (GOOD) News

Laura Whetstone recently returned from a trip to China. Here are some pictures from her trip.



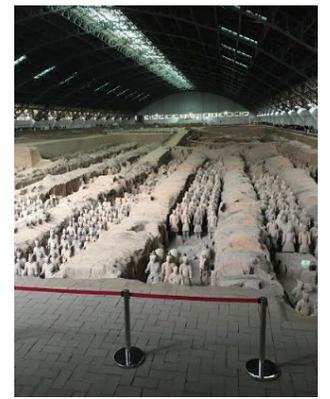
**So, how fast is 332 km/hr?
(Answer = 206 mph)**



**Merry Christmas from
Melissa Cottle**



**Jeannie and Lee Plummer
have a new addition to
their family – Ellie is a
Cavachon and she was
welcomed to her new
home on November 27th.**



**Leah Pepple, Director of PA Advancement and
Community Relations at Allegany College of Maryland
received the Athena Award for 2018. Did you know that
we have TWO members in our club that received the
Athena Award? Carol Stump won the Athena award in
2004, and Rita Bush won in 2010.**

Bedford Club News

Yearbooks are available. If you did not receive yours, please see Joan LaSalle. Information for recent members can be added in the Notes section. Look here each month for new information for recent members and corrections.

If you know of an occasion BPW should send a card, please notify our Corresponding Secretary, Nancy Mellott, Email: randmell@pa.net or call (814) 623-5407

A Message from our President Joan LaSalle

I heard my phone go off close to midnight on November 26th, and I thought – whatever it is, it will have to wait until morning. If someone really needs me, they can call. It was my granddaughter, Keirsten, who is a freshman at St Francis. It read: *Late text, sorry about that... I was just finishing up history work and had to watch videos on women's liberation. I was wondering if you think we could participate on the women's march in January 19, at Washington, D.C. Just deep, like it's something we agree on and could be a good bonding experience.*

Consider attending a march or volunteering to help. I volunteered to help with the march in Blair County in Hollidaysburg on January 19, 2019. The details are being worked out December 5th and of course I will share them as soon as possible.

From www.womensmarch.com:

On January 19, 2019, women are going to flood the streets of Washington, D.C. and there will be sister marches in cities across the globe. It's time to march again. We are outraged. We are organized. They forgot that 5 million women lit the world on fire two years ago. On January 19, 2019, we're going to remind them when we flood the streets of Washington, D.C., and cities across the globe. The #WomensWave is coming, and we're sweeping the world forward with us.

It warms my heart that my granddaughter said "women's liberation ... it's something we agree on". First, she knows how I feel, and second, she shares the same feelings. This is a great reminder that our children and grandchildren learn from what we do and we help to mold them.

Wishing everyone a holiday season
filled with love and happiness.
Peace, Joan

