



# Celebrate Kindness

## From the District Director's Desk

We will soon wrap our 2020-2021 membership year. As the pandemic continues, all three locals faced challenges of finding places to hold meetings, fundraising, and keeping members healthy. We rose to each of those challenges and in the true spirit of professional women, conquered each challenge. We all worked diligently to support the state project, Twilight Wish. As I have heard about each project, there is no doubt in my mind that each project surely touched the hearts of our senior citizen communities.

As I prepare to pass the gavel to Michele, let me say that it has been an honor and privilege to serve as your district director. I have enjoyed attending your meetings and getting to know each one of you. Thank you for supporting this wonderful organization.

In BPW Love,

*Michelle*

## Convention on Zoom

During the winter board meeting in March, State President Marisa announced the difficult decision that convention would once again be held on Zoom. This decision wasn't an easy one but with the current state guidelines, it wouldn't allow for enough people to gather. More details will be coming soon to register for the Zoom meeting. If you have never attended a convention, this would give you a glimpse into what we discuss during the business portion. I would encourage you to attend if you are able. Date is 6/12. Time to be announced.

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## Shirt Sales Begin

Juniata County had shirts made back in the fall for when the senior bags of joy were delivered at Christmas time. (See shirt image to the left)

Shirt color is a royal blue with silver printing. We are now taking orders for the shirts. Deadline to order is 4/30.

Please indicate if you would like short sleeve or long sleeve and size. Prices are as follows: short sleeve S to XL = \$12 2XL = \$14 and long sleeve S to XL = \$15 2XL = \$17.

Email your order to [holleratchelle@gmail.com](mailto:holleratchelle@gmail.com). Checks can be made to Juniata Co. BPW and mailed to Michelle at 17 Steward St. Mifflintown PA 17059.

Money raised will go toward when Michelle is installed as state president.

*I want to be like a sunflower, so that even on the darkest days I stand tall and find the sunlight.*



## Summer State Board Meeting

Mark your calendars! The Summary State Board meeting will be held on August 13 and 14. It is with great anticipation that this can be an in-person meeting at the Penn Stater in State College. Fingers crossed!

This will also be our own Tiffanie Burger's first meeting as State President. It would be a great show of support to have a large number of her district sisters in attendance. Details on registration will be given at a later date. Please plan to attend if you are able!

Are you on Facebook? Did you know that District Four has a Facebook page? Go check it out and give it a "like" to keep up with all district events and happenings!

[Business and Professional Women / PA \(bpw/pa\) District IV | Facebook](#)





*Personal and Professional Development Workshop Attendees*

## Personal & Professional Development Workshop Held

On March 27, eight women came together to attend the Personal and Professional Workshop. This is the updated version of the former Individual Development program.

The program was created and facilitated by Sheryl Nierenberg (shown above second from the left). The program talked about how to improve communication, listening, public speaking, tips on networking, interviewing skills and proper business etiquette.

Wonderful feedback was given from all participants. It is encouraged for all to attend a future presentation of the workshop. On a side note, we now have five ladies who can compete in the Individual Development speak off. Angie Chew will be competing this year! We wish Angie much luck in this year's competition.



## 1000 Acts of Kindness & Beyond!

As the challenge was issued at the beginning of this membership year, all members were enlisted to help the district log 1000 Acts of Kindness. Acts could range from sending cards, making "check-in" phone calls, making meals for the ill, giving rides to appointments, shoveling walks during the winter snow, the list goes on and on. Not only did all of you hit the goal, you have exceeded it! As of this writing, 1165 individuals have been the recipient of one of the acts of kindness! Over 500 acts benefitted a senior citizen, falling in-line with our State Project!

At the district meeting, I will announce the top 5 kindness reports. So stay tuned to the Facebook page for that announcement. Thank you all for sending these in. I will continue to collect these until the end of the membership year!



These boxes were filled with items for a family that suddenly lost the father in the fall.

## Photos from Kindness in Action

Here are some of the photos that members have submitted of their kindness in action!



Juniata Co. President Jan Reisinger ringing the bell for the Salvation Army.



Some of the 141 bags that Juniata Co. put together to give local, low-income seniors at Christmas.



Tiffanie and her daughter Teagan delivered cards to two area facilities for Valentine's Day.

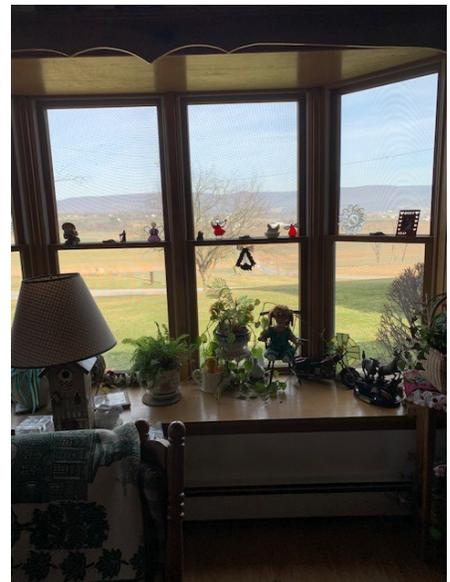
More than 550 cards were sent from our members!



Member Kathie Graham used her talents to knit a new mom a baby blanket!



Member Barb Lyter and her grandkids decorate the town meters for Christmas.



Members Kathi Graham, Glenda Aufer and Jude Ernest 'beautified' the windows for another BPW member's home.



During the February meeting, Juniata Co. members made Valentine cards for area senior citizens.





**WE WANT YOU!**



Above is our Fall district group photo. If you have never attended a district or state meeting, considering being part of one in the upcoming year. We would love to have you bring your talents and ideas. Network with other professional women and enjoy a day working to better women in our area!



*True friends are like bright sunflowers that never fade away, even over distance and time.*

— Marie Williams Johnstone