



Business and
Professional
Women/PA

GREATER CONSHOHOCKEN BPW

www.facebook.com/Greater-Conshohocken-Business-and-Professional-Women-204641136404715/
www.conshohockenbpw.org

Conshohocken Calling.....

The Official Newsletter of the Greater Conshohocken Business & Professional Women's Organization

When: Monday, January 25, 2021
7:00 –Business Meeting
7:30 pm – Program

Where: ZOOM Meeting
(President Donna will send out details for the on-line meeting closer to the date)

Program: *TechGirlz*



EMPOWERING GIRLS TO BE FUTURE TECH LEADERS - WWW.TECHGIRLZ.ORG

TechGirlz is a nonprofit program of Creating IT Futures, a 501(c)3 nonprofit of CompTIA, that inspires middle school girls to explore the possibilities of technology to empower their future careers. TechGirlz is accomplishing its mission through the creation of free, fun, interactive “TechShopz”. They share their free workshop curriculum with companies, organizations, schools, and community groups so they can inspire girls around the world with technology. Their vision is to create a world where girls have a lifelong passion and confidence in their use of technology throughout their careers.



HALF YEAR DUES ARE NOW AVAILABLE THROUGH MARCH 31ST

People who join BPW, appreciate the multi-pronged approach BPW takes to achieve its mission. BPW offers personal and professional development opportunities, networking, educational assistance, and advocacy with our legislators and policy makers. The members are diverse and include women (and men) from all different levels and types of businesses and professions. Many members have joined because a friend asked them to join. Members stay because of the contacts and friendships made, and the ability to work together to make a difference in women's lives. **Won't you ask someone to join BPW today? It's only \$20 per member and \$10 for student member. Yearly membership renewal begins in May 2021.**

January January January January January

PRESIDENT'S MESSAGE

Hi Everyone: Happy Holidays and New Year. 2020 has been an amazing and an aggravating year. My family was able to see one of my niece's get married in February so that was great. Then the next month we were sent home to work and it feels like I am never going to see the end of these walls.

We have made great progress with our local. We have improved our membership, love the responses to the Zoom meetings, donated to the Mary E. Walker House, Twilight Wish, Colonial Neighborhood Council, supported other locals, made a great dent into our Scholarship Funds and have maintained a following on our Facebook page. We had some fun challenges using Facebook. We not only had our members participating, but members from other locals and districts. It was a lot of fun for me to see all the entries. 2021 there are more fun events using Facebook planned. January is sending me pictures of you meeting some of the challenges such as Breaking a Bad Habit (good bye Coca-Cola), Learn a New Skill, Do a Good Deed, Visit a New Place, Read a Book (I'll have this one done on 1/1/2021), write and send a letter (we are thinking about sending letters to the Troops 1 month), try a new food (my biggest challenge) & take a risk. The good news is I have a year to meet these challenges. Anyone want to join me?

Sadly, we have also lost our long-time members Louise Hepburn and Joni McCormick. We received such an outpouring of love for both women. They were mentors to a number of us and kept our local going with our fundraisers and our presence in the community.

Looking forward I have set up a Fitness Challenge for 2021. Each month I will be walking for various charities and organizations. In January I am starting with walking 25 miles for that month. When I achieve my goal, I will donate \$25.00. February I will be walking for the American Heart Association in my Dad's memory and will increase to 50 miles. I will continue to increase miles each month by increments of 25. I am putting this out for everyone to see if anyone wishes to join me in this endeavor. We don't have to donate to the same charities/organizations. This is just a challenge for me to just get up and move, get some fresh air and free up my mind. It's been 9 months of being stuck in the house and I needed to motivate myself to get back out there. **I'm wishing all of you a Happy Holiday and a safe, healthy, and HAPPY NEW YEAR.**

Donna



MICHAEL KORS BAG WINNER – NOREEN MORELLO, CMC BPW

Congratulations to Noreen Morello, Central Montgomery County BPW on winning the Michael Kors Bag. Greater Conshohocken BPW's first drawing of the year was a huge success! We are well on our way to meeting/exceeding our fundraising efforts for the 2020-2021 year. **Our sincere thank-you to everyone who bought/sold tickets for the drawing.**



HOLIDAY BAKE SALE BENEFITS SCHOLARSHIP FUND

Santa's helpers, Mary and Donna, packed up all the bake sale goodies on Sunday, December 13th and then got in their sleighs and delivered the orders the week before Christmas. **Many thanks to the members and friends who ordered jams, breads and cookies.**



JOAN M. MCCORMICK (1935-2020)

Joan M. (Dobry) McCormick, 85, of Conshohocken passed away Friday, December 18, 2020. She was born in Phoenixville on March 4, 1935, daughter of the late Stanley and Stella (Murawski) Dobry. Joni lived in Conshohocken since 1993, formerly of W. Conshohocken.

She was a member of St. Mary's RC Church and now St. Matthew's RC Church. She graduated from St. Matthew's High School and attended The Moore Institute of Art, Ursinus College and Villanova University. She was a Manager, Employee Benefits for Quaker Chemical until her retirement in 1995, after 28 years. Then she worked with Conshohocken United Methodist Church as the Facility Coordinator and Administrative Assistant.

Joni was very active with her church and community. At St. Mary's she was Past President of the "Mother's Guild" and was chosen as Mother of the Year in 1971. She served as Vice-Chair of the Borough of Conshohocken Authority for 10 years, Past President of the Conshohocken Chamber of Commerce where she received the Chamber's Distinguished Service Award, Past President of Conshohocken Business & Professional Women's Organization, where she received the "Woman of the Year Award" in 1995, Member of Conshohocken-Plymouth-Whitemarsh Rotary, she served on the Board of Conshohocken Economic Development Committee, and she served on the Board of Colonial Neighborhood Council.

She was the wife of Ernest F. McCormick, Sr. Survivors include Husband Ernie McCormick of Conshohocken, Pa, Son Matthew Mionczynski of Norristown, Pa, Daughter Anita Mione of Conshohocken, Pa. Also survived by Ernie's children Kathy Zadroga of Whitemarsh, Pa, Carrie McCormick of Woxall, Pa, Ernest F McCormick, Jr. of Rice Lake, Wisconsin. Memorial contributions may be made in Joan's memory to Colonial Neighborhood Council, 107 East 4th Ave, Conshohocken, Pa 19428.

TRIBUTE TO JONI AND LOUISE FROM CMC BPW PRESIDENT NANCY WERNER

I can't believe that I received another sad news from our sister Local, Greater Conshohocken. They have lost Joni McCormick. Many years ago, Louise Hepburn and Joni McCormick, were on my District Eleven Board. Both were full of energy and enthusiastic with all that we attempted as District 11. Joni was the best member gatherer and the selling of any raffle tickets. She had the BPW spirit. This would have been back in 1990-1992. Adored them both.

It is with a heavy heart to learn that Joni has left us. Maybe you remember a few months back that we lost Louise too. I don't want to short change Louise for she too loved BPW and had the gift for finances like none other. Lots of memories of the Conshohocken Club and the fun I always had when I visited them. Joni and Louise were inseparable. Hoping that they are sharing BPW forever. Just wish that all of you could have met these wonderful women.

So, if you have another card for condolences, might you send to Ernie and her family? And don't forget Jane Rowe, too. I sent that email on Friday. Say a prayer for all of them. Thank you.

Fondly, Nancy Werner, CMC BPW President

TRIBUTE TO JONI FROM GC BPW MEMBER SUSAN PARSONS KNAB – 12/22/2020

I attended the service today. I know that some of you were planning to go during the time for friends to call, but that was just a little too early for me coming from New Jersey, so I missed seeing you. I arrived just as the service was starting, and I'm so glad I made the trip. I realized today that, although I'm not sure how long it had been since I'd seen Joni, I know it was a long time. The priest mentioned that she had been ill for four years, and I don't know when she stopped attending our meetings.

I do, however, remember meeting Joni for the first time. It would have been when I was an assistant director for district eleven. Back then we had more than 20 locals and two assistant directors. Each year the director would visit half the locals and the two assistant directors would split the remaining. So, my official visit to Conshohocken as an assistant director (I was a member of a different local then) would have been some time in the fall of 1988, 1989, 1990, or 1991. That's not important. What is important is that Joni was there to greet me at the door. She welcomed me, told me how glad they were to have me, and put out her hand to shake. This was at a time when women did not routinely shake hands upon greeting in non-business settings. But while Joni was quite businesslike, the warmth of spirit that exuded from her and her lively personality could not be mistaken. She was a treasure.



GC BPW SUPPORTS COLONIAL NEIGHBORHOOD COUNCIL AGAIN THIS YEAR

Colonial Neighborhood Council serves youth, the elderly, unemployed, underemployed, and disadvantaged individuals and families in Borough of Conshohocken and Plymouth and Whitemarsh Townships. Every year, GC BPW sponsors needy families for the holidays. **This year, we donated \$200 to CNC in remembrance of Joni McCormick, a long-term Greater Conshohocken BPW member and a former Board member of CNC.** Thank you, members for again supporting this worthy organization during these tough times.



JANUARY /FEBRUARY COLLECTIONS

MARY E. WALKER HOUSE (MWH) AND DISTRICT ADOPT A SENIOR

GC BPW will be conducting a collection for both the Mary Walker House and the District Adopt a Senior Program in January and February 2021. Items to be donated include personal hygiene and comfort items. President Donna will send out a more detailed list of items wanted under separate email. **Please provide your items to Donna by Thursday, February 11th, so delivery can be made around Valentine's Day, Sunday, February 14th.** Many thanks for your generosity in advance!



GC BPW JANUARY FACEBOOK CONTEST – THIS YEAR

I think we can all agree that 2020 was a very challenging year! Let's begin this year on a positive note, by encouraging and supporting healthy resolutions by our members and friends.

This January, take a picture and send it to President Donna of you and yours

- **Breaking a bad habit**
- **Learning a new skill**
- **Doing a good deed**
- **Visiting a new place**
- **Reading a book**
- **Writing and sending a letter**
- **Trying a new food**
- **Taking a risk**



PRESIDENT DONNA'S FITNESS CHALLENGE AND FUNDRAISERS

Since most of us have been less active while staying at home more, President Donna, has decided that for the rest of the 2020-2021 BPW year (January through June), her goal will be to walk 25 or more miles each month. If she achieves her goal, she will pledge \$25 each month to a different charity.

Donna is challenging all of our members to get up and move and make a pledge to Donna's charity of the month or one of your own. So, get on those sneakers, and hop on the treadmill, walk the dog, take a stroll around the block, walk to the coffee shop or convenience store and keep track of your miles. And when you reach your goal miles, why not snap a photo and send to President Donna for posting on Facebook. We would love to congratulate you on achieving your goal! For more details or questions, contact Donna.



NATIONAL HEALTHY WEIGHT WEEK – JANUARY-24-30, 2021

National Healthy Weight Week has been observed starting the third Sunday in January since 1994. It is a public health and awareness campaign that celebrates healthy living habits free of dangerous/unhealthy diets. It informs the public that the best solution to excess weight is making healthy, lifelong habits gradually.

Healthy Weight Week also highlights the importance of having a positive body image and establishing a healthy relationship with food. Studies indicate that these are two of the most important factors for long-term and permanent weight loss. Finally, it is also the public health and awareness campaign's goal to help people learn how to love themselves regardless of their weight because this is the first step towards achieving a healthy weight.

You may choose to make a personal contract and give yourself a reward at the end of each week. Make healthy living changes gradually, one baby step at a time, small changes you can live with for the long term.



BPW NEWS

NOMINATIONS FOR BPW/PA STATE OFFICE DUE JANUARY 10, 2021

Nomination for state office paperwork must be postmarked by January 10, 2021 and sent to PSP Dawn Berkebile. The information regarding the nomination process is in the Presidents' and Treasurers' Manual in the member section of the BPW PA website.

BPW/PA WINTER BOARD MEETING – MARCH 13-14, 2021

The initial word is that the BPW/PA Winter Board Meeting will be held on March 13-14th at the Penn Stater Conference Center, State College. More information will follow. **PLEASE NOTE: Due to the pandemic, the previous Convention and Summer Board Meetings were held via ZOOM.**

BPW/PA DISTRICT 11 SPRING MEETING – SATURDAY, APRIL 24, 2021

Save The Date - April 24, 2021 for the Spring District 11 Meeting at Maggiano's Little Italy, King of Prussia. Central Montgomery County BPW is the hostess for that meeting.

BPW/PA DISTRICT 11 FALL MEETING – GREATER CONSHOHOCKEN BPW TO HOSTESS

I know it's early, but GC BPW is next in line to hostess the District Meeting, which will be held Fall 2021. **President Donna is already looking into dates and locations, but we will need all members to assist with the planning and set-up for the day.** Stay tuned for more details.

SAVE THE DATE

**BPW/PA 101ST STATE CONVENTION – JUNE 10-13, 2021
PITTSBURGH MARRIOTT NORTH**



AFTER LOBBYING BY BRISTOL TWP. 'ROSIE THE RIVETER,' WWII HEROES WILL GET CONGRESSIONAL GOLD MEDAL

December 5, 2020 (abbreviated)

On Friday, President Donald Trump signed the Rosie the Riveter Congressional Gold Medal Act that will award the Congressional Gold Medal to the women served as Rosie the Riveters during World War II. Mae Krier, of Levittown, who worked to build bombers out west during World War II, has championed the honor for her fellow Rosie the Riveters around the country for years.

The bill received bipartisan support in the House and Senate. Congressman Brian Fitzpatrick (R), and Sen. Bob Casey (D) were major advocates for the bill. In addition to Fitzpatrick and Casey, the Rosie the Riveter Congressional Gold Medal Act was championed by Congresswoman Jackie Speier, (D – California), and Sen. Susan Collins, a (R-Maine). "It took a long time, but we finally got our bill passed," Mae said.



HISTORY OF THE MUMMERS - WWW.PHILLYMUMMERS.COM/EXTENDED-HISTORY

Philadelphia Mummary started in the late 17th century as a continuation of customs ushering in the New Year. The Swedes were Philadelphia's first settlers and when they came to Tinicum, they brought their custom of visiting friends on "Second Day Christmas", December 26. Later they extended their period of celebration to include New Year's Day and welcomed the New Year with masquerades and parades of noisy revelers. Most people carried firearms for protection in those early days, and it did not take long before pistols and muskets joined with bells and noisemakers to create the sound of a New Year. Groups would travel from house to house, sing songs, and perform dances — all to be rewarded with food and drink.

By the 1870's, what had been an uncoordinated group of neighborhood celebrations turned into an area-wide parade. The City of Philadelphia finally sponsored and organized the first official Mummings Parade on January 1, 1901.

CAN YOU GUESS THESE DISTRICT 11 BPW MUMMERS BELOW FROM 2007?



MLK DAY OF SERVICE - JANUARY 18, 2021 www.nationalservice.gov

The Martin Luther King Jr. holiday on Jan. 18, 2021, marks the 26th anniversary of the day of service that celebrates the Civil Rights leader's life and legacy. Observed each year on the third Monday in January as "a day on, not a day off," MLK Day is the only federal holiday designated as a national day of service to encourage all Americans to volunteer to improve their communities. AmeriCorps has been charged to lead this effort for the last quarter century.

THE GREATER PHILADELPHIA KING DAY OF SERVICE

The Greater Philadelphia King Day of Service is organized through Global Citizen. On January 18th volunteers throughout PA, NJ, and Delaware will participate in the MLK Day of Service, the largest King Day event in the nation. Last winter, more than 150,000 people volunteered in some 1,800 service projects. Girard College will again be the host of the 2021 King Day of Service Signature Site event. For more information, contact Global Citizen at 215-851-1811 or info@globalcitizen365.org.

**WEEK OF JANUARY 18 - THE CIVIL RIGHTS MOVEMENT, THE WARREN COURT, AND LANDMARK CIVIL RIGHTS LAWS**

In this session, students explore the 1950s and 1960s civil rights movement; the Warren Court; and landmark civil rights laws enacted by Congress- including the Civil Rights Act of 1964 and the Voting Rights Act of 1965-and how they have been interpreted by the Supreme Court.

THE CIVIL RIGHTS MOVEMENT FEATURING HASAN KWAME JEFFRIES - JANUARY 22

In this Fun Friday Session, Hasan Kwame Jeffries, associate professor of history at The Ohio State University, joins Center President/CEO Jeffrey Rosen, to explore the civil rights movement. Jeffries is the author of several civil rights books. For more information or to register, go to [Scholar Exchange: The Civil Rights Movement, the Warren Court, and Landmark Civil Rights Laws - National Constitution Center](#)

**SEASON FOR NONVIOLENCE –JANUARY 30 THROUGH APRIL 4**

Season for Nonviolence was established by Arun Gandhi, Mohandas Gandhi's grandson, as a yearly event celebrating the philosophies and lives of Mohandas Gandhi and Martin Luther King, Jr. The "season", launched at the United Nations in 1998, begins with the anniversary of Gandhi's assassination on January 30 and ends with the anniversary of King, Jr.'s assassination on April 4. It is anchored by a mission, statement of principles, and commitments by participants towards living in a nonviolent way. The Season teaches that every person can move the world forward in the direction of peace through daily nonviolent choices and actions.

**NATIONAL MENTORING MONTH (NMM) 2021**

WWW.MENTORING.ORG/CAMPAIGNS/NATIONAL-MENTORING-MONTH/

NMM focuses national attention on the need for mentors, as well as how each of us can work together to increase the number of mentors to help ensure positive outcomes for our young people.

Research shows that mentors play a powerful role in providing young people with the tools to make responsible choices, attend and engage in school, and reduce or avoid risky behavior. In turn, these young people are:

- 55% more likely to be enrolled in college
 - 81% more likely to report participating regularly in sports or extracurricular activities.
 - 78% more likely to volunteer regularly in their communities.
 - More than twice as likely to say they held a leadership position in a club or sports team.
- Yet, the same research shows that 1 in 3 young people in our country will grow up without a mentor. This year, with the support of the mentoring community, we are encouraging the public to go beyond just digital engagement – and become involved in real life.



JANUARY IS POVERTY AWARENESS MONTH [Poverty Facts \(povertyusa.org\)](http://povertyusa.org)

In 2018, 38.1 million people lived in poverty (11.8% poverty rate). What's worse, 5.3% of the population (17.3 million people) live in deep poverty (incomes below 50% of the poverty thresholds). People who live in Poverty USA are defined as those who make less than the Federal government's official **poverty threshold, which for a family of four is about \$25,700**. People working at minimum wage, even holding down multiple jobs. Seniors living on fixed incomes. Wage earners suddenly out of work. Millions of families everywhere from our cities to rural communities. Poverty does not strike all demographics equally.



Women



Men

In 2018, 10.6% of men, and 12.9% of women lived in poverty.



Children



Seniors

In 2018, 16.2% of all children (11.9 million kids) lived in poverty—that's almost 1 in every 6 children. Though the official census data gives seniors a 2018 poverty rate of only 9.7%, the Supplemental Poverty Measure, which accounts for expenses such as the rising costs of health care, **raises the senior poverty rate to 14.1%**.

The number of people living in poverty in Pennsylvania in 2018 was 1,578,949 or a 12.8% poverty rate.

Many families are struggling, especially during these difficult times, but you can help magnify the voice of the poor and vulnerable. Work to understand the issues, help others understand, and take action in your community.



NATIONAL BLOOD DONOR MONTH - January 2021 | National Today

According to the American Red Cross, winter is "one of the most difficult times of year to collect enough blood products to meet patient needs." That's because of, among other things, busy holiday schedules, bad weather, canceled blood drives, seasonal illnesses such as the flu that force potential donors to forgo their blood donations. That's just one reason that National Blood Donor Month (NBDM) is such an important observance.

WHY NATIONAL BLOOD DONOR MONTH IS IMPORTANT

1. **Donating blood save lives** - Someone needs blood every few seconds in the U.S. More than 4.5 million Americans would die every year without lifesaving blood transfusions.
2. **It's the gift that keeps on giving** - The American Red Cross needs 13,000 blood donations every single day to maintain an appropriate blood supply.
3. **It's good for donors, too** - The American Journal of Epidemiology reports that blood donors are 88 % less likely to have a heart attack.

For information, go to www.redcrossblood.org



JANUARY IS THYROID AWARENESS MONTH

www.womenshealth.gov/files/documents/fact-sheet-thyroid-disease.pdf

Your thyroid is a small gland found at the base of your neck that makes thyroid hormone, which controls many activities in your body, including how fast you burn calories and how fast your heart beats. Diseases of the thyroid cause it to make either too much or too little of the hormone. **Women are more likely than men to have thyroid diseases, especially right after pregnancy and after menopause. In women, thyroid diseases can cause:**

- Problems with your menstrual period.
- Problems getting pregnant.
- Problems during pregnancy for both baby and/or mother.

Thyroid diseases that affect women more than men include:

- Hypothyroidism - is when your thyroid does not make enough thyroid hormones.
- Hyperthyroidism - causes your thyroid to make more thyroid hormone than your body needs.
- Thyroiditis - is inflammation of the thyroid and can cause symptoms of either hyper- or hypothyroidism.
- A goiter - is an unusually enlarged thyroid gland.
- A thyroid nodule - is a swelling in one section of the thyroid gland.
- Thyroid cancer.

Consult your health care provider if you have concerns about your thyroid.



JANUARY IS NATIONAL BIRTH DEFECTS PREVENTION MONTH

Join the nationwide effort to raise awareness of birth defects and their impact on families! About one in every 33 babies is born with a birth defect. Not all birth defects can be prevented. But a woman can increase her chances of having a healthy baby by managing health conditions and by adopting healthy behaviors before and during pregnancy. Taking care of oneself and doing what's best for you is also best for your baby!

Best for You. Best for Baby.

TIPS FOR PREVENTING BIRTH DEFECTS:

- 1** Be sure to take 400 micrograms (mcg) of folic acid every day.
- 2** Book a visit with your healthcare provider before stopping or starting any medicine.
- 3** Become up-to-date with all vaccines including the flu shot.
- 4** Before you get pregnant, try to reach a healthy weight.
- 5** Boost your health by avoiding substances that are harmful during pregnancy.

#Best4YouBest4Baby





JANUARY IS CERVICAL HEALTH AWARENESS MONTH

The American Cancer Society's estimates for cervical cancer in the U.S. for 2020 are:

- About 13,800 new cases of invasive cervical cancer will be diagnosed.
- About 4,290 women will die from cervical cancer.

Cervical pre-cancers are diagnosed far more often than invasive cervical cancer.

Cervical cancer was once one of the most common causes of cancer death for American women. The cervical cancer death rate dropped significantly with the increased use of the Pap test. In recent years, the HPV test has been approved as another screening test for cervical cancer since almost all cervical cancers are caused by HPV (human papillomavirus).

Cervical cancer is most frequently diagnosed in women between the ages of 35 and 44 (average age being 50). It rarely develops in women younger than 20. Many older women do not realize that the risk of developing cervical cancer is still present as they age. More than 20% of cases of cervical cancer are found in women over 65. However, these cancers rarely occur in women who have been getting regular tests to screen for cervical cancer before they were 65.

In the U.S., Hispanic women are most likely to get cervical cancer, followed by African-Americans, American Indians and Alaskan natives, and whites. Asians and Pacific Islanders have the lowest risk of cervical cancer in this country.

Visit the [American Cancer Society's Cancer Statistics Center](https://www.aacr.org/cancer-statistics-center) for more key statistics.



JANUARY IS NATIONAL GLAUCOMA AWARENESS MONTH

[HTTPS://WWW.GLAUCOMA.ORG/](https://www.glaucoma.org/)

Currently, more than 3 million people in the United States have glaucoma. The National Eye Institute projects this number will reach 4.2 million by 2030, a 58 % increase.

Glaucoma is called "the sneak thief of sight" since there are no symptoms and once vision is lost, it's permanent. As much as 40% of vision can be lost without a person noticing.

Glaucoma is the leading cause of irreversible blindness. Moreover, among African American and Latino populations, glaucoma is more prevalent. Glaucoma is 6 to 8 times more common in African Americans than Caucasians.

Over 3 million Americans, and over 60 million people worldwide, have glaucoma. Experts estimate that half of them don't know they have it. Combined with our aging population, we can see an epidemic of blindness looming if we don't raise awareness about the importance of regular eye examinations to preserve vision. The World Health Organization estimates that 4.5 million people worldwide are blind due to glaucoma. In the U. S., approximately 120,000 are blind from glaucoma, accounting for 9% to 12% of all cases of blindness. Help raise awareness of sight-stealing disease during National Glaucoma Awareness Month.



HAPPY JANUARY BIRTHDAY TO....

Barbara Frankl - January 19

Rose Marie Berkezhuk - January 21



OUR CONDOLENCES TO:

- Jane Rowe, on the passing of her sister, Carol Rutkowski on December 11th.
- Ernie McCormick, on the passing of his wife, our long-term member, Joni on December 18th.



CONGRATULATIONS TO...

Noreen Morello, Central Montgomery County BPW, winner of our Michael Kors Bag Drawing!

OUR CONGRATUALTIONS AND BEST WISHES TO:



Bernadette Mulvey's daughter, Melissa, on receiving her Masters of Professional Studies in Data Analytics from Penn State.

DATES TO REMEMBER

- 01/01/21 New Year's Day
- 01/18 Martin Luther King Jr. Day
- 01/25 Conshohocken BPW monthly dinner meeting
- 02/02 Groundhog Day
- 02/05 National Wear Red Day
- 02/14 Valentine's Day
- 02/15 President's Day
- 02/16 Mardi Gras
- 02/22 Conshohocken BPW monthly dinner meeting

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