

The



Newsletter of Business & Professional Woman of Pennsylvania



Grow Through what you Go Through

FALL 2023

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National Business Women's Week October 15-21, 2023

BPW/PA Officers

PresidentMichelle Holler

President ElectJennifer Van Ingen

Vice President Sarah Kitchen

TreasurerJean Calabrace

Recording Secretary Laurie Hough

Corresponding Secretary Glenda Auker

Parliamentarian Mary Weeks Welcome to the fall edition of *The Key*! Fall is my absolute favorite season. One of my favorite things to do is take a Sunday drive and look at all the beautiful colors. I recently read a saying, "Fall is proof that change is beautiful". Not only fitting for this season but also for our beloved BPW organization.

Change is tough. Change doesn't mean forgetting the past. It means growing with it as it happens. One of the reasons that I selected "Grow through what you go through" as our theme or motto this year is that we are going through some changes. Changes that were brought on by the times we live in; changes that are necessary so we continue to thrive as an organization; changes that may be difficult, but they are being thought out by making decisions on each detail with all of you, the members, in mind. I ask that each of you approach new proposals with an open mind.

So, as you go through the fall and you are seeing all the beauty that unfolds, remember that we can grow together as an organization in order to thrive and continue our quest to advocate for women.

Keep growing,

President Michelle



PENNSYLVANIA BUSINESS AND PROFESSIONAL WOMEN'S FOUNDATION, INC.

PA BPW FOUNDATION NEWS

Welcome to our PA BPW Foundation! May I introduce you to the Board. Our board members are Nancy Werner, Chair, Laura Whetstone, VP, Theresa Rusbosin, Recording Secretary, Joyce Turner, Treasurer, Jean Towle, Finance Chair, Ginny Baily, Cathy Collins, Paula Maloney, and from the BPWPA EC-Jennifer Van Ingen, Sarah Kitchen and Laurie Hough.

Important news first. We would like each of you to place on your calendar the month of February as Foundation month. We are planning to share the PA BPW Foundation with our members in the way of programs, literature, and events. We are in the early stages but we will be sharing more with you in the next few months. The BUZZ will be our messenger as this is a brand new idea.

We are so excited to share that all the materials that the PA BPW Foundation has to offer can be found in one place on the public section. Take a look. Our webmaster, Nicole Purnell, did a fantastic job of gathering and creating a "one stop" method of finding us. Another note- we are no longer on the header line but click on the 3 dots on the right side of the header and walla, we will appear. Make sure you take a look at our materials and even our group photo.

We are proud to announce that the Sharon A. Walsh Memorial S.T.R.E.A.M. (Science, Technology, Reading, Engineering, Arts and Math) Grant was available in the amount of \$500 to BPW/PA members. Our members need to be in the educational field of K-12. The grant is intended to fulfill the S.T.R.E.A.M. initiatives and promote thinking and creativity among our children. Sharon A. Walsh was a Past State President for the BPW/PA serving from 1990-1991. She was a dedicated member to the Kittanning BPW in District 2. But she was foremost a mathematics high school teacherin the Armstrong School District. She left the PA BPW Foundation funds that would continue her legacy in the field of education.

Grant applications were accepted until September 30. The Award will be announced by November 1 and the grant must be completed by May 31. Instructions for the applications and the link to apply is noted below and will be available in the shortly BPWPA website, on Facebook, and in the KEY. To apply, please clink the link and complete the application. https://form.jotform.com/221394051326045

NOW is the time to download the scholarship application. Our work with scholarship continues as we award up to 6 scholarships per year. To be eligible to apply, applicants can either be a member of BPW/PA or a resident of Pennsylvania for at least 2 years prior to the application. Our applications are based on need and we provide \$2500 per scholarship. Applications and instructions are available on the BPW/PA website www.bpwpa.org . The deadline for applications for the 2024 Spring Semester is November 1, 2023.Mark your calendars.

Edith Oler Flanigan (EOF) fund grants are also available to BPW/PA members who are experiencing emergencies such as catastrophic illness or accidents, disasters, or any other unusual financial loss. Applications and instructions are available on the www.bpwpa.org . ALL information is kept confidential and this is a 24/7 availability.

The PA BPW Foundation wishes to thank everyone who provides funds to the Foundation whether by district, local or as an individual. All are recognized in the Convention Manual and on the Convention floor. From 2008 to 2023, the PA BPW Foundation has given a total of \$174,960 in scholarships and a total of \$54,750 in Edith Oler Flanigan Fund Grants to members. Our donation form for 2023-24 can be found on the www.bpwpa.org

We will also be doing a better job of explaining the "President's Society" to our members. We have so many new members that we have some educating to do in sharing that we accept donations from individuals who are able to provide a gift of \$100 or more to the PA BPW Foundation. They are recognized in the Convention Manual and on the Convention floor.

The Convention Friday Night Fund Raiser was "real groovy." Thank you to everyone who came to our version of "A Night of the 70's." Kudos to our outstanding Paddle Raffle callers, Melissa Wieand, now a PSP, and Sheryl Nierenberg, District 11 Director. Plus a huge thank you to every district and individual member who were so wonderful in bringing so many delightful baskets and items to be raffled. One huge thank you to our PA BPW Treasurer, Jean Towle, and her cast of many dedicated Board members and District 9 friends for organizing and implementing the evening. It was a lots of fun enjoying our 70's theme and helping our PA BPW Foundation.

And we have already discussed with President Michelle the upcoming Convention of June 2024. We are planning another Paddle Raffle and here we come to the "80's." Start searching your closets to see what you have to wear because prizes will be given. (That is from our President Michelle.)

Thank you everyone for your continued support. May you have a very successful BPW year.

Nancy Werner, PA BPW Foundation Chair

BPW FOUNDATION (NATIONAL) HAS TAKEN A STATION BREAK!

Hopefully by the time YOU read this article, the BPW Foundation (National) will be back on the air. I was doing research during August and read the materials that are listed for our BPW/PA contests. But wait, nowhere can you find them. After August State Board, I wrote the National Foundation Board Chair Roz Ridgeway a short note asking about these materials. I was so hoping to receive a reply but I have NOT received one to date.

Now we come into September and the website is gone. Message-"Be back soon" was what I found and so did many of you. I was happy that some of you were visiting the national website but so dismayed when I heard from some of you that it went "AWOL."

The six programs that I was hoping to receive materials are the ones that are listed for the Contest participation. They are:

Empowered Workforce -

<u>Women Joining Forces</u> - Closing Ranks, Opening Doors, Provides research, resources and support of women veterans transitioning from the military into the civilian lives. The focus is on educating veterans and employers on the support necessary for a successful reentry into the workplace.

<u>Young Careerist</u> – Provides the needs and challenges of our younger generation of women in the multi-generational workplaces. The project gives voice to a distinct group of working women who are vital to developing a diverse and skilled workplace.

<u>Women in the Green Economy</u> – Provides ideas of projects that promote women to think about the environment including training and education women for green sector careers.

Successful Workplace-

<u>WOMENeconomics Forum</u> – Provides the cornerstone for the work of the BPW Foundation on bringing women together to hear and learn about topics that benefit all women.

<u>Successful Workplace Digest</u> - Provides the product research and information to assist any company in branding themselves as assisting women in their job employments.

<u>Employer Resources</u> – Provides the necessary steps as to providing childcare, flexible working hours, building working team skills, etc.

Now I will keep my eyes open to see when our BPW Foundation is back but you can still start to plan and implement a productive program, project or event that would follow the above topics. If you need more information, give me an email. Remember this BPW Foundation Contest is from May 1, 2023 to April 30, 2024 and the contest entry is sent right to ME by May 1, 2024. Best Wishes for a Great BPW YEAR!

Legislation Report

With the Pennsylvania House and Senate back in session after their summer break, two key pieces of legislation have been stuck in the Senate Labor & Industry Committee for consideration.

The first, **Senate Bill 36**, was referred to the Labor & Industry Committee on January 18, 2023, and would change the scope of the Equal Pay Law by clarifying the definition of "wages" and other compensation and by changing the words "equal work" to "comparable work". Why the difference? With "comparable work", compensation would be defined as work that requires a certain skill, effort, or responsibility as opposed to job title or job description.

"According to The Bureau of Labor Statistics, American women earned \$0.82 for every \$1.00 that a male colleague earned in 2020, a figure unchanged since 2018. While this is a travesty, it has a simple solution. This legislation would correct this disparity and effectively make it an illicit practice to discriminate against employees based on wages." ~ Senator Christine M. Tartaglione

The second, Senate Bill 238, was referred to the Labor & Industry Committee on January 31, 2023, and would stop the practice of asking job applicants if they are married, have children, or planning to have children.

"More often than not, these questions are directed at women. Studies have shown that mothers are viewed as being less competent at work and less committed to their jobs.

"Working mothers make up a significant part of the labor force and must be allowed the opportunity to support their families without worrying that their familial or marital status will affect their ability to find or keep a job.

By including marital and familial status as protected characteristics under the Pennsylvania Human Relations Act, this legislation carries out the stated public policy of the Commonwealth of Pennsylvania: "to foster the employment of all individuals [...] and to safeguard their right to obtain and hold employment without such discrimination." ~ Senators Judith L. Schwank and Christine M. Tartaglione

If you attended the 2022 BPW/PA State Convention, you heard Kiki Peppard, a 20+ year advocate for this legislation tell us how important it is to stop this type of discrimination in Pennsylvania. Kiki was the recipient of the 2022 BPW/PA Public Servant Award for her advocacy.

Contact the members of the Senate Labor & Industry Committee and ask them to approve these bills so they may be presented on the floor of the Senate for a vote. The members of this committee are: Devlin J. Robinson, Chair, John I. Cain, Minority Chair, Lisa Baker, Camera Bartolotta, Rosemary M. Brown, Jimmy Dillon, John DiSanto, Marty Flynn, Daniel Laughlin, Christine M. Tartaglione, and Kim Ward.

Thank you to President Michelle and the members of the Legislation Committee: Carole Turk, Michele Fry, and Laura Whetstone.



Ginny Bailey 2023-2024 BPW/PA Legislation Chair

IT'S NOMINATION TIME!!!!

BPW/PA is seeking candidates for the 2023-2024 year for the offices of President-Elect, Vice President, Recording Secretary, and Treasurer. The 2023-2024 Executive Committee has selected the following nomination questions for Officer Candidates to answer as part of the nominations application packet.

- 1. What challenges has BPW faced in our efforts to adapt to changing times and how have those challenges prompted growth in the organization?
 - 2. In what ways has BPW helped you overcome personal or professional challenges and helped you grow.

As a BPW/PA Officer Candidate, answers to the questions will be required as part of the candidate's application. In addition, the candidate must submit:

- A completed Candidate Form
- A signed Conflict of Interest Statement
 - A 5x7 color head shot photo.

(Also, please send an electronic image of the head shot, via email, to the Nominations Chair.)

All information in hardcopy form should be submitted and postmarked on or before January 15, 2024, per our State Bylaws Article XI, Section 2a, and sent to the address listed below. The forms and additional information are available on the BPW/PA website. Digital copies of all forms and photos can also be emailed, but a hard copy via USPS mail, is required for consideration. Any questions regarding nominations should be directed to the Nominations Chair listed below.

Melissa M. Wieand, Nominations Chair 2023-2024

2135 Barley Drive Quakertown, PA 18951





The Fall KEY Member Spotlight was submitted by Dr. Donna Mettler, BPW/PA State Membership Chair.

Our Fall KEY Member Spotlight is on

SUSAN LAURIE GRAVER

Wellsboro Local, District 6

Susan Laurie Graver is the epitome of a successful BPW Leader. In her second year as President of Wellsboro Local, District 6, she leads with enthusiasm, grace, kindness, respect, and professionalism. She is the wind behind our sails. Susan continually reminds our members of our mission and ways that we can participate. She involves all the members in yearly planning to be sure that we have a line-up of speakers that will offer fun, engaging and informative programs. She seeks out and quickly embraces other members' ideas, even when hard work and change are required.

Susan generously applies her experience and skills in marketing, social media, copy writing, human resources, and event planning as she leads our Local. Susan is kind of a social butterfly, in a very good sense. At every meeting, she greets with a smile and flits around the room engaging in social interactions. She makes everyone feel valued and accepted. In her own words from her President's Message in the September *Femina*... "We will also sprinkle in some enjoyable social events to keep the fellowship flowing." She is ultra-high energy and the consummate event planner. Susan can be credited for our highly successful Membership Open Houses, now in our third year. To say that Susan has a great sense of humor and loves a good party is an understatement. Did you see her at the State Convention Fun Night in full Sonny Bono disguise?

Susan is an Employability Specialist & Career Advisor for Pennsylvania CareerLink. In addition to BPW, she is an active member of Wellsboro Rotary and Wellsboro Women's Chorus. You will also see her participating on trivia teams. She loves to travel with her husband, Scott, and is very proud of her two adult daughters, Jillian and Lindsay, for their life successes.

Grow Your Membership by Applying the "TEST"



BPW membership is more than attracting new members and retaining members. It's making sure that our members are growing through BPW experiences throughout the year. "We grow through what we go through." As leaders and members in our Locals, we should consider applying the "TEST" to every planned event and program.

- T Teamwork is encouraged so that no one or two members experience burn-out.
- E Events are planned to increase member connections with the community and each other.
- S Successes, small and large, are celebrated often.
- T Themes for programs & events are solicited from members to ensure relevancy and interest.

Dr. Donna Mettler BPW/PA Membership Chair

Please contact our Membership Team if you have any questions about the Membership Contests. Descriptions of the 7 contests can be found in the member section on the BPW/PA website and in the Local President's & Treasurer's Manuals. Contact us if you need any assistance with membership event planning or ideas for attracting new members and retaining current members.

Dr. Donna L. Mettler, BPW/PA Membership Chair

Business & Professional Women / PA 170 Plaza Road Middlebury Center, PA 16935 (H) 570-376-2567 doctordl@frontier.com

AREA 1- DISTRICTS 1, 2, 4

Kathie Graham
38 Getz Drive
McAlisterville, PA 17049
(C) 717-994-0744
kathiegraham226@gmail.com

AREA 3- DISTRICTS 10 & 11

Becky Shoulberg 12129 Sweetbriar Road Philadelphia, PA 19154 (H) 610-585-6458 cmcbpw@gmail.com

AREA 2- DISTRICTS 3, 5, 12

Janet Riordan 437 Route 271 Ligonier, PA 15658 (C) 724-396-3510 jriordan437@gmail.com

AREA 4- DISTRICTS 6, 8, 9

Amanda Collier 1715 West Front Street Berwick, PA 18603 (C) 570-380-3749 acollierdc@gmail.com

Personal & Professional Development

Are you interested in competing in the BPW/PA PPD speaking competition at the State Convention in June? There are a few pre-requisites for competing at the state level:

- 1. You must have completed the PPDW (Personal and Professional Development Workshop) within the past three years.
- 2. You must prepare a 5 minute speech on <u>one</u> of the following questions:
 - In what way or ways has BPW helped or enabled you to "Grow Through What You Go Through"?
 - How have you helped, encouraged or inspired someone else to grow through what they are going through?
 - "Grow Through What You Go Through." What does it mean to you and why is it an important philosophy to embrace?
- 3. You must have given your prepared speech to your club and moved on to your District's competition
- 4. You must have given your prepared speech to your District and won the District's competition.
- 5. You must complete a PPD Biographical Information Form and submitted it to the PPD State Chair.

With the new PPDW, participants complete seven core building blocks: Discovering Your Authentic Self, Have a Plan...Work Your Plan, Developing Strong Interpersonal Skills, Creating and Delivering Effective Presentations, It's Not What You Know...It's Who You Know, Interviewing and Negotiating Skills, and Etiquette and Propriety. Workshops are interactive and are usually completed over one day. Looking to attend a Personal and Professional Development Workshop? Contact your District Director to find out when your District is hosting one.

Michelle Teague BPW/PA PPD Chair



WHEREAS, Pennsylvania was founded on the tenets of fairness, inclusion, and tolerance, we must continue to pursue these ideals in an ever-changing global economy; and

WHEREAS, women in Pennsylvania, both past and present, have worked diligently and overcome tremendous obstacles yet have accepted each challenge with dignity, perseverance, skill, and a passion for success; and

WHEREAS, Pennsylvania is grateful for the innumerable contributions women have made to our economic and social fabric — these talented, driven individuals are our employers, our most productive and valuable employees, our government and community leaders, our beloved family members, and much more; and

WHEREAS, it is following the highest ideals of our Commonwealth and nation to continue striving for complete equality in business and the workplace—regardless of gender, race, religion, or identity — let us dedicate ourselves to this goal, so that future generations may have the doors of opportunity opened even wider for them.

THEREFORE, I, Josh Shapiro, Governor of the Commonwealth of Pennsylvania, do hereby proclaim October 16-20, 2023 to be

BUSINESS WOMEN'S WEEK

in recognition of the critical role women play in the development and success of our Commonwealth's business community; I encourage all citizens to recognize and celebrate the achievements of working women as they contribute daily to our economic, civic, and cultural livelihood.



GIVEN under my hand and the Seal of the Governor, at the City of Harrisburg, on this eighteenth day of September two thousand twenty-three, the year of the Commonwealth the two hundred forty-eighth.

Governor Josh Shapiro



PRESENTS...





Event Schedule October 15 - 19, 2023

October 15 #becauseofbpw Video Release

October 16 7pm ZOOM | "Stress like your momma did, Vicki Lightcap

October 17 7pm ZOOM The Powerful You, Faerie Grace

October 18 7pm ZOOM The Secret to Having It All - Delegation, Michelle Teague

October 19 Special Book: Lean In, 7:00 pm

These events are sponsored by BPW/PA and are free to register. You do not have to be a BPW member to attend. You can register be going to the BPW/PA website events page: https://bpwpa.wildapricot.org/page-1838903



Ask a Past State President (Ask a PSP for short.)

Ask a PSP is a new feature that is available in each edition of The KEY.

Our "BPW Gurus" (a.k.a. Past State Presidents) would love to answer your questions! Unfortunately, for this edition of The KEY we did not receive any questions for our PSP panel.

Do you have a burning BPW question that you're dying to know the answer to? We'd love to hear from you and feature your question in the next edition of The KEY.

Please send your questions to the KEY Editor at: bpwkey@gmail.com

Send your questions anytime between now and the next KEY submission deadline date and you'll see the answers featured in the Winter 2024 edition of The KEY.







2023 Summer Board Recap

The BPW/PA State Board meeting was held August 4-5, 2023 at The Graduate, State College. We had great presentations, fun interaction, productive discussions, and lots of fun!

For a full recap of the meeting, please see the Summer Board Meeting Minutes. The minutes can be found under the Members only section/Meeting Minutes/Summer Board '23 Meeting on the BPW/PA website.

We hope you can join us for the Winter Board meeting in March. See below how much fun (and productivity) we have at these meetings!



FALL ISSUE 2023

CONTEST - Fun & Prizes!

www.bpwpa.org

KEY Contest

Grow Through what you Go Through

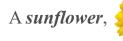


In each edition of the KEY this year we are holding a contest. We want you to read the KEY from the first page to the last, so we are giving you a reason to read it and have fun at the same time!

Each edition's contest may be a bit different, or it may stay the same, but I'll be sure to let you know what to look for in each edition of The KEY.

FALL KEY CONTEST

Please look for the following items within this KEY edition:



an owl,



and the Keystone Human Services Logo



<u>AND</u> give the total count (number) of (individual) Sunflowers in this edition of the KEY. (Hint: ANY picture of a sunflower counts.)

To win, tell me the page number where you found each of the 3 listed items, along with the location of the item on that page <u>AND</u> the total number of sunflowers in this edition. Please send your answers, along with your name, your local and your district, to me at: **bpwkey@gmail.com** You must give all info as listed above to win! Deadline to submit answers for the FALL edition will be Friday, 12/1/23.

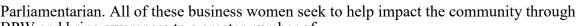
The winner will be announced the following Monday in the BUZZ and your prize will be mailed to you.

If more than one person sends the correct answers, each person will be placed into a drawing for one winner. Will it be you? Don't forget there are 4 answers total for the FALL contest!

DISTRICT 1 FALL ISSUE 2023 www.bpwpa.org

The new officers of the local Meadville club have been working hard through the summer to get ready for the coming year. Sarah Miller from Women's Services holds the President's chair, Angela Morton with UPMC/Hamot Health Foundation is our Vice President, Carrie Powell with WIC was elected for Treasurer, Jennifer Stevenson from Vision Source Meadville,

> LLC holds the chair of Corresponding and Recording Secretary, and Susanna Westover, a retiree, is our veteran



BPW and bring awareness to a greater number of people.

The Local Meadville group kicked off the year

in August with President Sarah introducing a couple new changes to the agenda of the meetings. Carrie also brought us up to date on the local accounts with plans

to modernize the accounting side of her role. Details for the individual officer roles were discussed for the people holding those new roles at various meetings throughout the summer to prepare for this year.

At the September meeting, Local President Sarah inspired the group by reading part of a blog article written by Nadia Bolz-Weber discussing how change is important to growth, but "sometimes it stings." Sarah also pointed back to the local club theme for the year, which is Grow with the Flow. Local Vice President Angela also gave inspiration to the group to be supportive and courageous in the face of change. The Meadville group

> also heard from a local business woman, Melissa Kebert, about her recovery story and how she helps the community, expands her business, and continues to change her efforts to complete her vision of bettering the community.

We, as a District, are looking forward to hosting our annual scholarship fundraiser, Purses, Prizes, and Pints on October 25th. This fun event will be held at Voodoo Brewing Company. The proceeds from this event will benefit a young woman in college and promote her efforts in education.



Key Reporter Jennifer Stevenson

FUNDRAISERS

Meadville BPW ~ <u>Choose Your Vendor!</u>

\$5 a chance for a \$50 Gift Card or \$10 a chance for a \$100 Gift Card

Drawing will be held once all tickets are sold.

Vendors: Walmart, Citgo, Amazon, Giant Eagle, Applebee's, Sheetz, and Roberts Jewelers

Meadville Business & Professional Women's Club (BPW) presents...

Purses, Prizes & Pints

*Please bring a gently used or new purse/bag for the White Elephant Exchange

Wednesday, October 25 from 5:30 – 7:30 PM

Voo Doo Brewery - Upstairs, 215 Arch Street, Meadville

• Cash Bar

• \$25 Admission includes White Elephant Purse Exchange, Light Refreshments, Door Prizes and Raffles

Early Bird purchase by October 18 includes free Basket Raffle tickets!

• Designer Purse Raffles, Basket Raffle & 50/50!

(Kate Spade, Michael Kors, Calvin Klein...)

Tickets can be purchased at:

The Green Shoppe, 243 Chestnut St, Meadville Chateau Christine 246 Chestnut St, Meadville Or Contacting LouAnne Bearfield at 814-350-2665

Join the Meadville BPW - Business & Professional Women's Club for the

Helen E. Remler Scholarship Foundation Fundraiser! Scholarships are

awarded to women and men in the Crawford County Area.

GREATER PITTSBURGH

Greater Pittsburgh BPW installed new officers:

Bonnie DiCarlo, President

Jill Smallwood, Vice President

Maurita Bryant, Treasurer

Jennifer Jackson, Recording Secretary

Shirley Duffy, Corresponding Secretary

We had our 2023-24 Planning Meeting and the year looks like:

- * Annual Vendor Bash is Dec. 2
- * Scholarship luncheon will be held in May
- * GPBPW will host the District 3 Spring Meeting on Saturday, April 6
 - * Many members volunteered for various standing committees
 - * We plan speakers for each meeting
 - * We will continue to attract new members
 - * We intend to participate in District and State activities

GREENSBURG

Our August Picnic meeting was held at the home of Marilyn Tallant. Greensburg plans to award scholarships to incoming college freshmen and/or continuing untraditional students. One of our recipients this past May was Camille K. who is a student member and she was also a recipient of a BPW state scholarship.

Greensburg has used a Holiday Candy sale as an annual fundraiser for a number of years and will continue to do so this year.

LATROBE

Our local kicked off the club year by once again by participating in the Latrobe 4th of July parade. We had 12 members walking the route handing out candy, imprinted pens and a QR code business card. Our entry was

behind the Miss 4th of July Queen and her court, which we sponsored a \$1000 scholarship and provided \$500 towards the crowns and sashes for. Thank you to our friend Chuck and his big red truck for displaying our banners and carrying our bucket fillers down the street.

We hosted a committee fair during our August meeting to acclimate our members to the different committees and what they do for our organization. We welcomed new faces on our board this year and our executive leadership team remains the same with all agreeing to a second term. A representative from the Alzheimer Association came as our guest speaker and left as a member. We compiled a team and participated in their Walk to End Alzheimer fundraiser at Twin Lakes Park on Saturday, September 16th.



Latrobe 4th of July Parade Vice President Lorie Planinsek and Parliamentarian Theresa Rusbosin

We welcomed Chelsea Walker from the Westmoreland
Conservation District as our guest speaker at our September meeting. Our Goodwill and Special Projects committee will educate us on our state project and let us know of the fundraising plans to support this organization.

Planning is well under way for National Business Women's Week in October. The committee has a secured a guest speaker, promotional items and sold placemat ads to our women owned business members.

We will be distributing the placemats to local restaurants for use during the third week of October.

And lastly –

SAVE THE DATE:

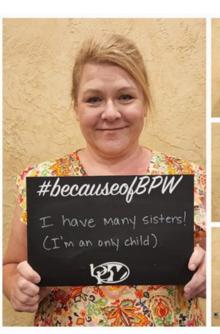
Latrobe BPW's Annual Vendor Show

Thursday, November 16th 6pm-8:30

Latrobe American Legion Post 515

1811 Ligonier St

Latrobe PA 15650









#becauseofBPW Campaign – August 2023 Meeting

Public Relations Chair – Angela Apple

Corresponding Secretary – Dawn Hughes

Member – Alice Brasili

Parliamentarian – Theresa Rusbosin.

MCKEESPORT



McKeesport held a New Member Mixer on Thursday September 14th, and we look forward to seeing how many of the amazing women will join.

We are also looking forward to hosting the D3 Fall Meeting on October 2nd!







District 4 will hold its annual Fall District Meeting on October 21st. Juniata County is hosting the meeting and we hope to have a productive and successful meeting with new District Director Jan Reisinger in charge.

CLEARFIELD

Clearfield BPW will be holding a "new to our area" fundraiser. This supports our scholarship and other programs throughout the year, please help us reach our goals! If you would like a ticket contact 814-592-7659. Come enjoy

the night on October 20th!



CURWENSVILLE

Curwensville BPW installed new officers for the 2023-2024 year. We are planning a productive and successful year!



JUNIATA COUNTY

The Juniata County BPW held its annual planning meeting on August 30th in preparation for the upcoming year. Lots of ideas and fundraisers were discussed for the upcoming year.

At our first meeting of the year, in September, we covered lots of items. Below are just a few highlights of our upcoming fundraisers, benefitting our scholarships, programs and of course, the state project, Keystone Human Services. We'd love for you to join in!



Something our club has been doing for a few years is to award a Monthly MVP member at each meeting. The winner is selected by the previous month's winner (and the little trophy usually has some kind of treat like candy). It's a fun way to recognize the efforts and commitment of our members. Pictured at left is our September monthly MVP winner,

President Danielle Shellenburger (R). She was given the award by last June's winner, our club Historian, Judy Ernest (L).

At our September meeting, some of our members were able to take photos with the #becauseofbpw chalk-board...here are a few of these fun photos!

Six of our members represented our local organization when they participated in our local United Way Day of Caring on September 20th. These dedicated ladies helped to clean our local library for the day.



Above: Lynlee Richmond (L) and Jan Reisinger ® share their #becauseofbpw reasons.

Left: Rachel Noss, 2nd VP; Glenda Auker, State Corr. Sec.; Karen Frontz, Kathie Graham, Danielle Shellenburger, President; and Dale Ernest cleaned the library.

Our club is having a few different fundraisers this year. We currently have two online fundraisers that are easy to access, make great gifts for the upcoming holidays, and you can order online and have it shipped directly to you.

For the RADA Cutlery fundraiser, please go to: https://radafundraising.com/?rfsn=5833538.a605b8a and for the Thirty-One Gifts fundraiser, please visit: https://www.mythirtyone.com/us/en/86187? pd=12489960&fbclid=IwAR1NmSw1iigWaN2XZ_XJAxwFjxUdPEgBGqP0DY8iqV1E6So_QcJH66oZZ28

Direct links for both of these fundraisers can be found on the Juniata County BPW Facebook page also.

Juniata Co. is also selling window clings for your car with proceeds going to the state project, Keystone Human Services. Clings are \$5 each, please add \$1 if you want it mailed to you. Email holleratchelle@gmail.com to order. In the email subject, please place "Window Cling Order" and include color choice for your decal (black, white, silver, dark blue glitter, light blue, red, orange, gold, purple, green), number of decals, and your mailing address if



applicable. Checks can be mailed to Michelle Holler 17 Steward St. Mifflintown PA 17059 or you can Venmo to @Michelle-Holler-13. (Pictured above right is the decal in "light blue".)

BEDFORD

We have our annual Booth at the Fall Festival again for the 31st year. We sell giant gobs and visitor shoppers look for us every year. This year we sold 3600 gobs/whoopie pies the first weekend of October. We will be selling again this coming weekend, October 14,15. This is a huge money maker for our club and the proceeds support our scholarships to graduating seniors in the spring.

We have a bingo planned for November at our local Elks Club.

December's meeting will be a Christmas theme and our entertainment will be an Elvis entertainer.

District 6 Board of Directors is excited to offer the BPW/PA Personal & Professional Development Workshop for the first time. The PPDW will be held on November 5 th at the United Methodist Church of Wellsboro. Sheryl Nierenberg and Missy Wieand will be our talented facilitators.

District 6 is making progress on the "Grow Our Sunflowers" Membership Contest. During District Director Priscilla Walrath's Official Visit in Wellsboro, new member, Sarah Callahan, pasted the first petal on the sunflower poster for herself and new member, Kiley Birgensmith. New member, Christina Simonis, pasted the second petal. With currently a 6% increase in new members, District 6 is well on its way to the 24% goal.

We are looking forward to fun and fellowship at our Fall District 6 Meeting on October 14 th . We are excited to welcome BPW/PA President-Elect, Jenniger Van Ingen, as our special guest. We are also looking forward to BPW/PA Membership Chair, Dr. Donna Mettler's, "Grow Your Membership" Program.



"Grow Our Sunflowers Membership Contest" L-R Susan Graver, Wellsboro President; Christina Simonis, new Wellsboro member; Priscilla Walrath, District 6 Director

JERSEY SHORE

Jersey Shore BPW kicked off the 2023-24 year with a picnic in August. Deb Leonard hosted the club. We relaxed, talked about what happened during the summer, and began to make our plans for the coming year.

Our September meeting was held at the Shore Diner, with District Director Priscilla Walrath as our evening's speaker. By the September meeting, plans were made for our umbrella fundraiser and for our booth at the Winter Wildcat Craft Show.

Jody Jolin has spearheaded the umbrella sale. These are large (60") diameter, in orange and black, with the Jersey Shore bulldog logo. They are perfect for all outdoor sporting events and cost \$25 each.

Deb Leonard is the chair for the Winter Wildcat Craft Show at the Central Mountain Middle School on November 18th and has ordered 15 dozen sticky buns to sell at the event.

September Official Visit L-R: District Director, Priscilla Walrath, Luanne Yohn, Annie Shebest, and Jody Jolin



WELLSBORO

Wellsboro BPW officers for 2023-2024 are President, Susan Graver; Vice-President, Catherine Mulcahey; Secretary, Debbie Yerger; and Treasurer, Colleen Jackson. District Director, Priscilla Walrath served as Installing Officer. She used a unique scarf theme for the Installation Ceremony.

President Susan hosted a planning picnic in August at Woodland Park Pavilion. The members had a lively discussion that resulted in an outstanding line-up of programs and events for 2023-2024.

On October 9 th, we will host a New Membership Open House at the Warehouse Theater Gallery. A panel of 5 local female leaders will offer insights into promoting success and inspiring confidence for women in business. We have 28 prospective new members who have indicated that they are planning to attend.

During our November meeting, we will host two female veterans from "In the Fight Outdoors, Inc." who will share their experiences about "What It Means to Be a Woman in the US Military & Local Resources for Female Veterans."

Continuing the veteran theme, our community project for the 2023-2024 year will be proud sponsorship of the Wellsboro Women's Chorus Concert, "For Love of God & Country" to be held at the First Presbyterian Church, Wellsboro, on November 5th, 2:30 P.M. As sponsors, Wellsboro BPW will print the flyers and help promote the event. On the day of the event our members will volunteer by serving as greeters and helping to provide and host a dessert buffet reception following the concert.

In December, we will hold our biggest fundraiser of the year at a huge town-wide event in Wellsboro, "Dickens of a Christmas." We will sell fudge, cookies, muffins, and sweet breads at our table booth on Main Street.

Our meeting in December will be a Holiday Dinner at the Wellsboro Steak House.



2023-24 Wellsboro BPW Officers L-R President, Susan Graver; Vice-President, Catherine Mulcahey; Secretary, Debbie Yerger; Treasurer, Colleen Jackson; and District 6 Director Priscilla Walrath)

District 10 is gearing up for a busy year. Our District is excited to host the 104th Convention in Harrisburg, PA in June 2024 for President Michelle Holler. The Convention Committee held two meetings in August and September with President Michelle in preparation of the convention. Stay tuned for upcoming information later this fall.

District 10 had a successful Summer Board of Directors meeting on September 19, 2023, led by Assistant Director Carole Turk in Director Donna Weinstein's absence. Great job, Assistant Director Carole.

Nancy Werner, Past State President participated in the meeting, and we were happy to see her in District 10. Assistant Director, Carole Turk and Treasurer, Keny Holman presented a workshop for the local presidents and local treasurers.









District 10 Summer BOD Meeting

The meeting was informative and was full of excitement. The meeting excitement came mid-meeting when Past District Director Lois Hall was called by her daughter who advised her that she had gone into labor. Lois quickly left the meeting while her twin sister Fran stayed at the meeting on pins and needles awaiting the baby's arrival. Maeve Violet (8lb 9oz & 22 inches) arrived a few hours later. Mother and baby are doing great. Congratulations to Past District 10 Director Lois and the whole family!





Director Donna Weinstein using #becauseofBPW to show her appreciation for the support from her BOD in covering for her during her illness.

Our Fall District Meeting is scheduled for Saturday, October 21, 2023 at the Uno Pizzeria in Newtown Square. We are looking forward to BPW/PA State visitors, President Michelle Holler, who will perform her official visit and Membership Area 3 representative, Becky Shoulberg. Our guest speaker will be David J. Kunicki, Director of Services, Keystone Human Services.

CHESMONT

The Chesmont Local Organization held their first official meeting of the new year on Monday, September 25, 2023. We were joined by Mairi Dewey, Operations and Volunteer manager of PACS, Phoenixville Area Community Services.

Mairi told us that she manages over 450 rotating volunteers at PACS. PACS provides services to Phoenixville Borough, Schuylkill Township, East Pikeland Township, West Pikeland Township, Mont Clare, and Oaks. For those in need, PACS provides several Food Programs. Numerous individuals and organizations, including community/school food drives, community gardens, local farms, the Chester County Food Bank and Philabundance donate the food we need for our community.

In addition, PACS leads the **Phoenixville Food Insecurity Team (PFIT)**, a collective of local organizations and food pantries interested in working together to solve food insecurity in Phoenixville.

Current PFIT Members include:

- •Ann's Heart
- •Bethel Baptist Church
- •Congregation B'Nai Jacob Synagogue
- •Grace Crossing Community Church
- •Paragon United
- •Phoenixville Area School District
- •Phoenixville Area Community Services (PACS)
- •Phoenixville Clergy Association
- •Phoenixville Hospital
- •Senior Center
- •St. Ann's
- •St. Peter's
- •You Are Worth It Foundation
- Your Mom's Place

PACS has two main food programs. The first is the Daily Market. Mairi explained that anyone who needs food is welcome to come into their location, on a daily basis. They are given 7 minutes to "shop". The time limit is so that this wonderful organization can serve as many guests as possible.

Their second program is a regularly scheduled monthly appointment. Guests who use this program must live within the service area of PACS. They begin by working with a staff person or volunteer to set up their menu. They are given a specific day and time when they can come in and pick up their order. If guests are unable to come to the PACS location because of age or illness, a volunteer will deliver their monthly order to them.

Mairi also told us about the "Simple Gesture PACS" program. Chesmont has signed up to be a Green Bag Donor. This initiative was started in 2011 by a man in Paradise, California, who was looking for a way to give back to his community. His overall goal was to provide a "simple" way to get the community involved in a food donation cycle to help feed families in need. The program enrolls generous donors who agree to fill green reusable grocery bags with non-perishable grocery items that are collected by volunteers on a bi-monthly basis. When a full bag is collected, the volunteer leaves an empty bag behind for the next cycle.

PACS website, <u>www.pacsphx.org</u>, has a "HOT LIST" of items that are needed and the list changes as needs change.

The members of Chesmont thoroughly enjoyed hearing from Mairi Dewey and we are looking forward to filling our first Green Bag.



DISTRICT 10

www.bpwpa.org

DELAWARE COUNTY

Delaware County BPW officers and Committee Chairs began planning for the new Club year in mid-August. We used our chalkboard and stated "#becauseofBPW We Have More Sister Friends!" Seen here at the meeting are Rachelle Nocito Co-President (left), Carol Dougherty Scholarship Chair, Tricia Mc Laughlin Parliamentarian, Joyce Sachs Corresponding Secretary, Terry Miller Treasurer and Patty Snyder Co-President. In making plans for the new club year our Local has embraced the BPW/PA State Project Keystone Human Services. We look forward to learning how Keystone Human Services creates opportunities for growth and meaningful life choices so that all individuals can be valued.



Beginning our Delaware County BPW new club year in September we heard from Sarah Todd, Director of Communications, Co-President and Co-Founder of Well Rooted PA. The mission of Well Rooted PA www.wellrootedpa.org is to support, nurture and empower young adults and families, entering, exiting or living in the foster care system. The speaker was very informative and the discussion among members afterward gave rise to members considering how our Local can help Well Rooted PA with their worthy mission. Member Tricia McLaughlin convinced her niece Maureen O'Donnell, a former Delaware County BPW member to attend the meeting to learn about such an important topic. We are looking forward to seeing Maureen and other former Delaware County BPW members at our upcoming meetings.



Seen here are Maureen O'Donnell (left), Sarah Todd and Delaware County BPW member Tricia Mc Laughlin after Sarah's presentation.

Also at our first meeting, we were pleased to have District 10 Director Donna Weinstein and Assistant Director Carole Turk make their official visit. Cheers! Here's hoping Delaware County lived up to expectations!

In October, Heather Griesser-LaPierre, Founder of Kids Against Hunger of Broomall addressed our group. The mission of Kids Against Hunger is to feed the hungry through food sharing, advocacy and

engagement in the communi-

ty. <u>kidagainsthungerunited.org</u>. As always, our Local has been interested in community outreach

to help with the needs of children while remaining steadfast in our determination to advocate for equality for women.

Delaware County Members are busy gathering goodies, gift cards and baskets for our annual Quarter Auction to be held on November 8, 2023, where beautiful items can be obtained with Quarters. All are invited to attend. The Auction supports our community projects. Details to follow in the Buzz.



Finally, a big thank you to our Pittsburgh BPW/PA sisters whose beloved Pittsburgh Pirates allowed our awesome Philadelphia Phillies to win at home clinching the top NL Wild Card spot! Pittsburgh BPW Sisters, please jump on the bandwagon with us. It's going to be a wild ride!





GREATER DOWNINGTOWN

Greater Downingtown BPW held their Summer Planning Meeting on August 19th. The meeting was a productive one which included the review of the Treasurer's audit. Members brought good ideas to the table for growing membership, fundraising and selecting programs for the 2023 – 2024 BPW year. September was a busy month. On Saturday, September 9th, Greater Downingtown BPW participated in Caln Community Day. The club set up an informational tent, reached out to the public and passed out BPW information in hopes to attract new members to join. At our monthly meeting on September 13th, President Lorraine Tindaro inducted our new member, Nancy Kerlin. Our club also gained a new member. Mary Knapp from West Chester BPW joined our club after her local disbanded.



Caln Community Day

R: Induction Ceremony – Nancy Kerlin and Pres. Lorraine Tindaro



District 11 held the Summer Board Meeting on August 26, 2023. Pictured is District Director Sheryl Nierenberg.



CENTRAL MONTGOMERY COUNTY

CMC is back in action for 2023-2024!

Like many LOs, we mostly took off the months of July and August, though we did have a great little summer planning meeting at President Mo's home.

This summer, we also started finding the winged goddess Nike (the symbol of victory included in our emblem) in some fun places. Vice President Becky found one in a shop window in Poland, and Mo found one at a local high school. *Have you seen her around? Let us know!*





At our September member meeting, we presented \$2,000 from our Bingo fundraiser to the Executive Director of the Montgomery County Community College (MCCC) Foundation, Jay Browning. Jay shared information on the two nursing students awarded scholarships from last year's CMC BPW donations – one is a single mom of three boys!

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We "got to know" each other a bit with short presentations – turns out we have quite a few members who attended MCCC! We were delighted to have D11 Director Sheryl Nierenberg join us for an official visit, along with PSP Missy Wieand. Our raffle this month raised funds for President Michelle Holler's state project, Keystone Human Services – a donation of \$270!

We've got a lot of great events coming up, mixing it up this year to have some dinner meetings, a luncheon meeting, some shorter virtual meetings, some community events... and our Bingo Fundraiser! See the ad and get your reservations in now!

Learn all about us at our website, www.centralmontgomerycountybpw.org.

And please follow us on Facebook for all the latest, including our Nike sightings! www.facebook.com/groups/CentralMontgomeryCountyBPW



GREATER CONSHOHOCKEN

District 11 was hostess for the 103rd State Convention in June 2023 and GC BPW was responsible for the reservations and registration. Seven GC BPW members, including four first timers attended Convention and longtime member, Susan was recognized for her 45 years in BPW. As part of the Opening Ceremonies, GC BPW member Mary Weeks led the audience in singing the National Anthem.









Registration Table

1st Timers Rose Marie & Ro Pres. Missy & Susan National Anthem

Janet Riordan, BPW/PA Legislation Chair, then presented the 2023 Public Servant Award to PA State Representative, Mary Jo Daley, who was nominated for the award by GC BPW. In addition, GC BPW had winning contest entries for Foundation, Issues Management, Legislation, Membership, Public Relations. Our resolution "Establishment of Task Force on Women Veterans' Health Care – SR 46" was also adopted and we will be working this year with Ginny Bailey, BPW/PA Legislation Chair, on a letter writing campaign.



Rep. Daley – 2023 Public Servant



Legislation Award

Over the Summer, three members (Donna, Mary and Susan) attended the State Summer Board at State College in August. On the District level, three members (Donna, Susan and Mary) attended the Summer Board meeting in Montgomeryville.







D.11 Director Nierenberg with Eleanor Briner Award

This year, GC BPW's Issues Management main focus is "Going Green – Reduce, Reuse and Recycle." We will be having different monthly projects/speakers throughout the year in support of this project. GC BPW will also be supporting the BPW State Project, Keystone Services and various community and educational groups.

QUAKERTOWN

QUAKERTOWN BPW -PLANNING IS THE KEY TO SUCCESS

The summer of 2023 went by rather quickly and the Quakertown BPW was back in full action. We held a planning meeting on August 14 at the home of Co-President, Jeanne Schlicher. We were eager to get started and we began with the BPW/PA President Michelle's theme – "Go Through What You Go Through." We learned of the happenings at State Board especially the new State project –Keystone Human Resources. The slate board of #Because of BPW was a hit as everyone was practicing what they would write to share with others. We loved the prepared the "Unhappy Hour" kit for the Pay Equity Day coming in March of 2024.

We took time discussing our approach to membership. We are going to try a two branch method-recruitment and retention with 2 teams. Our recruitment team is working on business cards and materials for guests and new members. The retention team will provide the inductions and mentoring of those who join. We came up with a plan to dedicate a month of bringing a guest and having the LO pay for the meal. October was chosen. Co-President Linda Moskal feels this is an excellent strategy to have more of the membership engaged and communicating to others what BPW is. We also discussed what more can we do within the Community as Volunteers-Social Gathering with the High School Students, participating in the Quakertown Halloween Parade with inviting Chamber of Commerce business women owners, what we can do for the National Business Women's week and participating in the state project of Keystone Human Resources.

We looked at past programs and how we can continue them into this year. It was a long but productive night of ideas, creativity and assigning members to investigate and be ready to share a report.



Planning is the Key to Success for any local organization. So we met again on September 5 at the home of Melissa Wieand and Sheryl Nierenberg. Now we had even more members arrive that wanted to help plan. The famous quote of "We need to get a bigger boat," well, our hostesses found all the tables that they could to accommodate us. Now that is a support!

Just happened-The Quakertown BPW shared an Ice Cream Social afternoon with Quakertown Community middle and high school students at what is called The Drop. It is held on Wednesdays and Thursdays at the Masonic Hall on Broad Street in Quakertown. It is directed by Pastor Bruce of Salem Mennonite Church in Shelly. They usually get from 8 to 25 students depending on the day and time. There is a range of activities – ping pong, pool, videogames like bowling, and an art station. (Mrs. Bruce conducts the art classes.) Our members had a great time meeting these students and serving them the most delicious ice cream treats ever.





More to come as we start our year on September 27. Can't wait to share what we achieved during the Fall in the next issue. But looking ahead for a BPW year is a challenge but it is a good feeling that so many Quakertown BPW members are participating in the Planning.

Nancy Werner, Quakertown BPW KEY Reporter September 23, 2023

SOUDERTON-TELFORD

CONCERT SUNDAES Citizens of the Souderton area bring their folding chairs to the Park where the selected band for that week play. Members of BPW sell hot dogs, pizza, soda, and ice cream. The weather forecasted rain so this year it was held in the High School auditorium. The event was well attended and it again was a profit for the club.

Souderton-Telford starts off their year with a Board Meeting Picnic. We distribute the chair packets to the new chairs and discuss the budget and programs. The Irene Landis Award was given to Nancy Thomas, a long time, very active member. Each member brings a dish to share.

13 members attended the Annual Library event Dinner in White. It was a fabulous night. Thanks to Pat Gill for chairing the event, Colleen and Rudy Gular for the table decor, and everyone for the wonderful food, drinks, dancing and conversation.



Back: Diana Trotter, Nancy Thomas, Eileen Gillin, Pat Gill, Erika Jucewicz, Kelly Cusate, Lindsey Menzen, Janet Cary, Rhonda Novicki.

Front: Karen Richardson, Pat Nolthenius, Colleen Gular, Rachel Finlayson



ESCAPE ROOM The club thanks Dana Vesey for arranging the wonderful event some of our members attended in September. The Escape Room was a lot of fun and we solved it!



At Left: Katie, Lea, Erika, Yuliya, Laura, Dana, Colleen, Rachel, Eileen.

5 guests joined 18 members for the September Dinner meeting. Our speaker was Tiffany Shutta from Mutual of Omaha's Reverse Mortgage department. Our budget was approved and the programs and fund raisers are set for the year. We sell Wawa coupons and poinsettias as well as hold the Locally Grown Showcase and Concert Sundaes events. Information for the other District 11 clubs' events were distributed. We will wrap presents for two families at our Holiday party.

At Right: First Vice-President Kelly Cusate with guest speaker Tiffany Shutta. She specializes in Reverse Mortgages and provides insightful information.

For National Business Women's Week we are celebrating a new woman owned business in Telford, The Cooking Studio. We will be taking one of Chef Shelby's classes. She has been a vendor at our LGS.





We are looking forward to a eventful and successful yearl.





D 3 LATROBE LOCAL



DANIELLE ZIMMERMAN







