



Business and Professional Women

Bedford, Pennsylvania
October 2023 Newsletter

October Meeting:

Bedford American Legion
3721 Business 220
Bedford, PA
Tuesday October 10, 2023

Networking and Meal:

5:30 -6:00 PM

(Order when you arrive and eat approximately 6pm)

See page 2 for meal choices
Speaker & Meeting to follow.
Official Visit from District Director
and Membership Drive

Visit BPW PA Website for the latest updates on events, info on upcoming events and the latest Newsletters from the State and other district and local clubs:

<https://bpwpa.wildapricot.org>

Check out the BPW/PA Facebook page to find up to date info

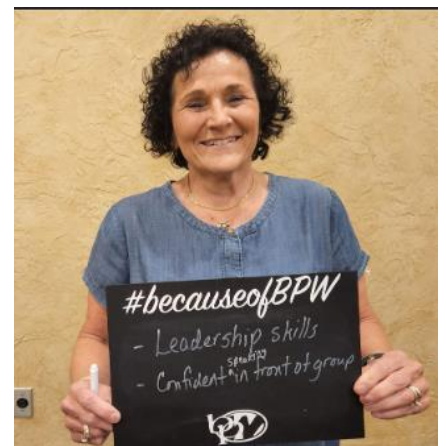
[BPW PA Facebook page](#)

Like us on Facebook! Visit the Bedford Business and Professional Women's Face book page and invite others to Like our page [Bedford Business and Professional Women | Facebook](#)

WHAT IS YOUR BECAUSE???



Jan Reisinger: "I have a Great Network of New friends"

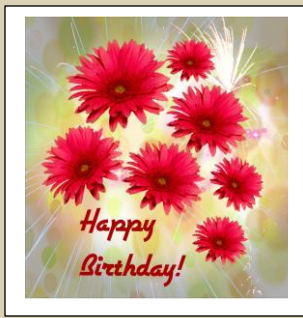


PSP Theresa Rusbosin: Leadership skills Confident speaking in front of group

#becauseofBPW could be followed by many things. What would you say? Well, maybe it is "I gained leadership skills" like two of our our past state presidents – Theresa Rusbosin and Dawn Berkibile. If you are looking for some skills, there are some great opportunities available October 15-18. Check out the full page listing in this newsletter.

It's Fall Foliage Time. We will be selling gobs to fund scholarships. If you signed up to work, thank you. If you saved clean plastic bags and did not drop off yet, you can bring to the booth, drop off at Rita's house, or take to the Legion at our next meeting.

The yearbooks will be finished soon. If you are a new member, check your email for a request for information. Please send any changes in information to Joan: jlasalle929@gmail.com.



September and October Birthdays

September 1 – Ann Darrow

September 18 – Leigh Wilson-Price, Joan LaSalle

October 6 – Sharon Hauck, Shanzie Price

October 16 – Faith Zembower

October 18 – Deb Baughman

Club News:

October meeting is at the American Legion. Text if you know you are coming: 814-285-6610, (for seating set up purposes). Meals are ordered when you arrive.

Meal Choices: Lasagna w/ tossed salad, 10.95; Large Chef Salad w/ ham or chicken, 8.95; Fried Fish w/ fries & cole slaw, 10.95; Liver & Onions, mashed potatoes and veg, 9.95. Checking for vegetarian options.

National Business Women's Week is October 16-20, 2023. The Proclamation our County Commissioners prepare will be read at the Bedford County Commissioners' monthly meeting on Tuesday October 17th. The meeting starts at 10 am in room 101. All members are welcome to join, and (optional) wear red.

Upcoming District BPW Events:

District 5 Fall meeting will be held on Saturday October 21, 2023; Martinsburg is the Host Club; Place: Homewood at Martinsburg, Meeting Room – Bice Chapel, 437 Gilver Drive, Martinsburg, PA 16662.; registration cost is 24.00, includes continental breakfast and lunch. See the attached information at end of newsletter. If you have never attended a district meeting, you are welcome to join for all or part of the meeting. Speakers are Past State Presidents and BPW PA Women of the Year Cathy Collins from Cresson local BPW and Emily Holgash from Windber local BPW. If you did not sign up at the September meeting and you wish to sign up, please email Joan LaSalle no later than October 5th: jasalle929@gmail.com

Member Opportunities:

There are FREE ZOOM events available during National Business Womens' Week. Information on next page. To register visit the BPA PA web page. These Zoom sessions are open to everyone! Tell your friends, co-workers, any women you think would benefit. See descriptions on page 4 of the newsletter or visit the BPWPA webpage: <https://bpwpa.wildapricot.org>

NEWS Wanted:

Share your news – please send information to : jasalle929@gmail.com or text 814-285-6610. News about you – personal, career, school, pictures all welcome.



**BUSINESS AND
PROFESSIONAL
WOMEN / PA**



PRESENTS...

**NATIONAL BUSINESS
WOMENS WEEK**

***Women Business Leaders:
Reflect, Refresh, Recharge***

**Event Schedule
October 15 - 19, 2023**

October 15 | #becauseofbpw Video Release

October 16 7pm ZOOM | "Stress like your momma did, Vicki Lightcap

October 17 7pm ZOOM | The Powerful You, Faerie Grace

**October 18 7pm ZOOM | The Secret to Having It All -
Delegation, Michelle Teague**

**October 19 Special
NBWW Book Club | Book: Lean In, 7:00 pm**

**These events are sponsored by BPW/PA and are free to register. You do not have to be a BPW member to attend. You can register by going to the BPW/PA website events page:
<https://bpwpa.wildapricot.org/page-1838903>**



Business and Professional Women / PA

To achieve equity for all women in the workplace through advocacy, education and information.

www.bpwpa.org

DISTRICT 5 BPW

OFFICIAL CALL TO FALL MEETING



TO: District Officers
District Committee Chairs
District Special Appointees
Past District Directors
Local Organization Presidents
Local Organization Members

By Invitation:
BPW/PA Executive Board
BPW/PA Committee Chairs
BPW/PA Special Appointees

District 5 Director Theme

FROM: Joan LaSalle, District 5 Director

DATE: Saturday, October 21, 2023

LOCATION: Homewood at Martinsburg - Meeting Room – Bice Chapel
437 Givler Drive
Martinsburg, PA 16662

DIRECTIONS: Included in call

HOSTESS: Martinsburg BPW
Sue Stoudnour, President

COST: \$24 (Includes \$1.00 Registration, Continental Breakfast, & Lunch)

SCHEDULE: 8:30 A.M. - 9:00 A.M. Registration & Breakfast
8:30 A.M. Executive Meeting (if needed)
9:00 A.M. Business Meeting
11:45 A.M. - 12:15 P.M. Luncheon
12:15 P.M. - ? Business Meeting

RESERVATIONS: Dorothy Stahl, Martinsburg BPW Treasurer
1538 Sportsman Road
Martinsburg, PA 16662

DEADLINE: **MUST BE POSTMARKED BY October 11, 2023** - A \$5.00 late fee apply to reservations received after deadline date.

REPORTS: Local Presidents, Committee Chairs and Special Appointees

Submit report to District 5 Corresponding Secretary, Joanne Hogue by email bpwjoannehogue@yahoo.com or mail to 227 Keystone Avenue Cresson, PA 16630 by **Saturday, October 7**. Reports are scanned and then emailed to district board members one week prior to fall district meeting.

- Remember items for Fall Basket Raffle. Proceeds benefit District 5 MATHCOUNTS fund.
- Local Presidents: Provide 12 copies of local yearbook. Assistant Director distributes yearbooks at Fall District Meeting to the Executive Committee members and local presidents.